

A large red square with a white border, centered on a white background. Inside the square, the text "Art & Self Regulation Ideas" is written in white, bold, sans-serif font.

**Art & Self
Regulation
Ideas**

Here are some links to activities and websites full of fun and creative ideas!

Babble Dabble Do

This site offers lots of fun art ideas!

<https://babbledabbledo.com/>



Doodling with Author and Illustrator Mo Willems!

<https://www.kennedy-center.org/mowillems>

Making Sensory Bins!

<https://viewsfromastepstool.com/ultimate-collection-sensory-bins-kids/>

Use Recycled Materials to Learn and Create

<https://www.thestatenislandfamily.com/diy-10-educational-toys-made-recycled-items/>

Having kids help with cooking!

<http://www.eatingwell.com/article/290590/10-easy-dinners-kids-can-help-cook/>